

Created Whole, with a Warrantee: Part 5:

Jesus Christ Maketh Thee Whole! Acts 9:34

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We are continuing "Love and the First Commandment"; Trust in Divine Power: Here we will delve into the fascinating insight gleaned from Lectures by DR. HORST MUELLER:

The Missing Basic Need: Part 1:

Dr. Mueller lives in Germany and was born in Rumania. He was baptized at 16 and later became a lukewarm Christian but God brought him back in 2003. He had finished his Ear-Nose-Throat Specialty and wanted to know what to do and God guided him to a private practice. Here is his story:

In the beginning of our personal relationship to God, we are very dependent on Him. So I asked God to help me to know how to prepare for [my medical] practice; what book should I read? The thought came to me to read "Ministry of Healing". I had not read it before; I had just seen it a little bit so I very seriously took it as my study-book. I can tell you I studied it, and I still study it; it is an inexhaustible resource. This book, together with the Bible, and the experience I gained in my practice, gave me my whole view of the human being and disease. (You can study this book online here: <http://www.hygienic-healing.com/Seminar2-mh/MH-index.htm>)

I found in my practice patients ask you, "Why do I have this? What is the cause of this?" Patients are very interested in the cause of disease, but usually they get an answer that is not very satisfying. I think as doctors we always have an answer to where it comes from, and if we don't have an answer we still have an answer: it's the genetics; it's the ancestors. It comes from somewhere so let's do therapy on it. I saw in this book, Ministry of Healing, and I took it very seriously, it says on page 44, "In case of sickness, the cause should be ascertained." in chapters 7 and 8 is where I learned my whole view of the Human Being.

My practice is in ENT, [Ear, Nose and Throat] and people come to me mostly with their ear problems. Even the general practitioner doesn't take care of the ears, so ENT gets most of the ear problems. There is a common dysfunction in the ear related to the Eustachian tube; it either doesn't open when swallowing or it remains open after swallowing. I have learned in my clinic that this dysfunction of the Eustachian tube can be caused by lack of adequate hydration, not drinking enough water. Water is a good thing, so I recommended to the person to drink more water; but I had this patient who came back after three years and said, "Now I drink three liters of water daily and my ears still do the same thing." What do you do with that?

Then there is another common disease of the ears, ear eczema. It is itchy and sometimes moist and you say, "Well that's allergies." So you test for allergies and you don't find anything. Then you tell the patient, "Don't use that shampoo anymore," or whatever you think might have caused it. It is interesting though that you use the shampoo on your whole head and it doesn't make itching there, so how can it do it in your ear canal? We sometimes think that the skin in the ear canal is different from the skin on the head, but we all know that is not true; there may be different layers but it is all skin and something that would cause eczema in the ears should also make it on the head. Ministry of Healing says, "I have to ascertain the cause", but I did not know any cause. Have you ever read where eczema comes from?

Cause and Effect

I think in medicine we have a basic problem. Think of a mountain full of snow; and a snowball rolls down the mountain and it gets bigger and bigger. We can trace the course of this snowball back up the mountain somewhat, but what started it? Take a heart attack for example; yes we know that heart attacks come from

atheromas [plaques on the artery walls] and they break and form a clot and the heart attack comes. But no one in medical literature knows how these atheromas develop; no one knows what makes them break.

We can know a lot of things, but what we don't know is what started the process; usually we take one effect for the cause of the other. We see hypertension and say that is the cause of heart attack; it is one of the risk factors for heart attack. But hypertension has a cause, hasn't it? Then we have smoking; people smoke. Then we say, "OK, it's the smoking", but has smoking a cause? Is there a cause why people smoke? There is a certain cause why people smoke. So why do they smoke? If we really want to know the cause that lies at the beginning of the process then we have to know the human being and we have to know what starts it. If we do not know what starts smoking, or what starts hypertension, then how can we avoid it? The same is with other things.

Here is an example I had recently; a gentleman went to his ENT doctor because he had a pain in his throat on the left side for two weeks; the pain was only there when he was swallowing or when he did some exercise causing pressure there. The doctor didn't find anything on the tissue so he said, "Well, maybe it is an allergy." I was in town, and the gentleman also asked me "What do I have?" I knew his life situation at that moment so I knew exactly why he had that pain; I will unfold it later. It is so important to know how diseases can happen.

I had a lady who was a medical professional, and they are not always the easiest to treat. She came to me with her right ear, and it all started five weeks ago. She had a pain; she went to her doctor in the same hospital where she worked and he looked in and saw fungus—they look nice when you see them under the microscope. So he gave her an anti-fungal drug. After taking that a few days the thing got worse. She went again to the doctor, now he looked in and saw the drum was perforated; so he gave her other drugs for the infection of the middle ear. But as things got worse and worse, after two weeks she was upset, it was not healed, so she wanted a specimen sent to the lab to see what was causing it.

ENT people know that in the ear there are not many bacteria possible, it is usually pseudomonas. They took the specimen, made the diagnosis and gave her the antibiotic for the problem. She took that for five days, and sure enough the symptoms went away. In about three to four days the ear started again. So she went again to the doctor and he found fungus again, so he gave her the same ear drops, and now she got really angry and said she wanted to see a different doctor.

So she came to me; it was a pleasure to have her and to help her by pointing out why there was fungus growing in her right ear very close to the eardrum. You see we find the fungus, then we have the pseudomonas, but what made it all start?

Ministry of Healing says: "People need to be taught that drugs do not cure disease". That is a hard saying; though I rarely prescribe something, I still do when I think there is a reason to give an antibiotic or something else to help make the symptoms a little bit better. But I always try to help the patient to understand why he has that problem. "The only hope of better things is in the education of the people in right principles. Let physicians teach the people that restorative power is not in drugs, but in nature." MH 127. To say that drugs do not cure disease is a hard saying for those taught that for every symptom there is a certain medication. [A pill for every ill.] We have to find out the cause.

Basic Needs:

So in my practice; if people come like this lady, or many others, I invite them to come for counseling. I had this man in his forties; he was healthy but he had a pain in his jaw, left mandibular, for four years. He didn't have anything else but this for four years. He came to me and I said to him, "Well, there is a cause for that and if you want to know it, I invite you to come for counseling." He came and I explored with him. I want to give you a short explanation how I do it with a patient and see if you can get some guidance as to how we can find out the cause of disease.

What I explain is that we as humans are a biological system. Biology is composed of cells and the motor of the cell is the genes. A car needs a motor; but can the motor of a car do something without fuel? Usually not; so we need energy to function. There is no system on this earth that keeps going from itself; only God has Life in Himself. On this earth we have biological systems that need energy to exist and function.

I show to my patients that the body shows the disease because of a lack of their basic needs. So if they would apply their basic needs to their cells and their bodies, then they would function properly. There is no disease that is not done by the gene. The gene does the disease, so it must do it on purpose because genes are a programmed thing. The gene does everything good, but it also does the bad, because if it has a problem, if it is missing something, it has to show the lack. I try to explain to patients that they are lacking something, and that is why their body is sick.

I point out this basic law of Nature: the energy for the gene that the genes in a specific species need, is predetermined and unchangeable. That is, the gene can never choose which gas it functions with. Like a motor cannot chose; if we have a motor for gasoline or for diesel they can only run properly on what they are made for. So we can change genes in a man or in a tomato seed or whatever, but we can never change that which the gene needs to exist. That is the problem; if it were possible for the gene to choose its own energy, whatever it wants, then there would be no law on this earth. But it is so, every gene that God has made, in every specific biological system, has its own needs and these needs are unchangeable.

I have to point out to my patients what they are missing, so I make a table with the basic needs that we as humans have. So what basic needs does our biological system require to exist?

1. Oxygen
2. Water
3. Food
4. Sleep
5. Warmth-shelter: we all have 37 degrees Celsius or 98.6 Fahrenheit temperature.
6. Sunshine - sunlight

The Missing Basic Need:

This is where it becomes more complicated, does biology need Love? Is Love energy for the cell? Have you ever read in any medical book that Love is a biological need of our cells? I have never read it, have you? I call it the missing basic need.

You see in my practice I discovered this; I started in 2004 and in August of 2006 I came to realize that men and women in all their stories they were telling me, had only two problems: relationship problems and material problems. So they need love and security. Love and security are what humans are searching for. Except in extreme situations, we do not spend our time searching for water or food, but you stay up and you get up and you search for something, and that is Love. Love is a basic need, not only for the mind, but for biology. If Love is really a basic need for biology it is measurable on the body; at least we see the effects on the body and we have enough studies and have heard how important spiritual things are, because Love is a spiritual thing.

We have specific organs for the entrance of our basic needs. For oxygen we have the lungs. For water and food we have the stomach and digestive system. For sleep we have the brain; warmth is the skin; sunlight, we can say eyes and skin; so where does Love come in? If Love is a spiritual thing, how does it come into the body and what is the location? Brain, yes, but the brain is biology isn't it? The ears? The Words you hear may be a spiritual thing, but the ears are biological. What does the Bible say that Love comes in with? The Heart; not the pump; I hope we come to show what the 'heart' is and what it does. So when people don't know what the Heart is, I say the will—but the will is only a part of the Heart that is why Heart is the better definition.

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We see there are fixed entrances; we cannot choose to put oxygen into our stomach, or food into our lungs; we would not live long doing that. These laws are fixed laws. So what do I have to do to ensure my basic needs? For oxygen, I have to breathe; the air is there but I have to take it in. It is our action to bring the basic need into our body. So what do I need to do to have water? I need to drink, and eat for food. For sleep I need to lay down, that's the best position to sleep, close your eyes and fall asleep. For warmth there are three options: if it is too cold I have to warm; if it is right I do nothing, and if it is too warm I have to cool. Sunlight is maybe the easiest, it penetrates us without our action, it is granted for nothing, but I have to expose myself to it.

But how do we get Love in? At this point I draw a chart to give something to think on. I say we have here food and the food has a vessel, that is the stomach; and we have Love and Love has a vessel that is the Heart, the Will; and now the question is who is responsible for the filling? Because you see, when it comes to Love, almost every patient does not know what to do, and if he knows, he knows it wrong. He knows it so wrong that he would put oxygen into his stomach and food into his lungs.

The basic question is who is responsible for our food to get into our stomach? We are. How do I do it? By eating. So who is responsible that I have enough Love? Who is responsible to fill my Love?

Who makes the food? God made the food; but why did He give me the responsibility for filling it into my stomach? Who is the source of Love? God; does He fill us?

What do my patients lack when they come to me? What do I point out? They lack Love; their body suffers from the lack of Love. I want to show them what they have to do so their body can recover. Almost all of them if I ask them say, "Others have to fill my tank". Who are the 'others'? They say family, friends, God, and so on and they also say, "Oh yes it is also me too." Because they saw that I led them to think that they might be responsible. "If I am kind then I get love back so it is this situation." On this point, because it is a spiritual thing, we are deceived. What is true with Love and the amount of Love that we have?

I give you an example; a lady came to me in her forties, and she had severe frontal headaches for fourteen days. She had been already to a general doctor and he gave her antibiotics and pain relief and it didn't go away. He supposed it might be sinusitis so he sent her to me. I looked at her and she gave me the impression that she was really suffering. I sent her for a CT scan to see if she had anything going on— maybe she had bleeding in her brain, or a tumor, or even sinusitis, though in the nose everything was fine and it is very, very rare that you have something in your sinuses and in the nose everything is fine.

I sent her to the CT scan urgently, and she came back the same day. The picture showed everything was fine, no bleeding in the brain, no sinusitis, nothing. No one had injured her head, but she had pain from something so I asked her, "What happened two weeks ago?"

I was very early in my learning these things, and she was a patient I learned a lot from. She replied, "I discovered that my friend betrayed me, he went and slept with another lady." She had just moved from the north of Germany to the south one year before because of this friend, and now she has him betraying her.

Now why does she have headaches? Who is causing her to have them, the friend or herself? She herself; so what does she do wrong? If disease comes from the breaking of the law like we read in Ministry of Healing, then what law did she break? What is the problem that she has, that she falls into headaches? It must be her that does the headache, because no one touched her body. We all understand that it is a severe situation if someone betrays you. You all would say that could cause headaches. But why is the pain there.

We know that when we have pain in our body, pain is always an alarm sign that something is wrong, that something doesn't function well, our body is in danger. When we have pain because we put our hand in the fire, what does the pain say to us? "Take your hand out!" Without pain we would not learn what is harmful. Why do we have pain, to stay in pain? Or to learn what makes pain and avoid it?

We have to understand why she has headaches; obviously she herself is making it, but wouldn't we understand her? But the laws of nature have no understanding; they are very fixed, they do what they have to do; there is no respecter of persons in the laws. In the laws of our life and our body there is no respect of persons; everyone who breaks them gets a result. What law does she break?

We have to find out what we have to do to have Love; and who is it that fills the heart with Love, that is why we are exploring this. We have around us people in our society; mother, father, friends and so on. Why do you think you have a relationship to them? What binds you to them? We may say we love them; that is fine, we should love each other shouldn't we? But a crisis shows if I really love them or not.

Giving or Getting:

The deception of our heart is that we have a relationship with others just because we *need* them. It is, I do something, so that I gain something; and if I do not gain it, what do I do with that relationship? I quit it because it doesn't bring me any winning. This is how we live in our society, in total dependence on *each other* just because of love; because we believe that others have to fulfill our need. This is so strong in us, and it is so impossible to eradicate, it is very hard, only God can do it.

I came to the conclusion from what I experienced from this lady, what I saw, and what I know from the Bible, is that there is only one way to fill our tank with Love and it is by loving. I speak only from Agape Love here; the spiritual thing, (The 'charity' of 1 Corinthians 13) not from sexuality, that is another point, an instinct that we have that is seated in the body; sexuality is not Love. Love is a spiritual thing, a pure thought thing; it has nothing to do with sex.

The problem is in the blindness of our hearts, the deception of our hearts, we are just focused on receiving our needed love from others and if they do us something bad, then what do we do? If he interrupts and goes and sleeps with another lady, what does she do? She protests, and her protesting makes her sick; because as long as she gives, the body does not know there is any problem. As long as I give, as long as I am loving to a person, do I have any injury? Never; it is only when I react with my own resistance, when I protest, [desiring to force and control—to dominate] that my body gets attacked and destroyed. I am trying to possess something I do not own and have no right to.

We have to understand that this lady is totally dependent on this man's society around her for only one reason, and that is to provide her with the 'love' she thinks she needs from others. I call these 'love sources'.

What should she do that she might not get headaches? Forgiveness? Well forgiveness is a good thing but forgiveness is just the fruit of something. It must be Love that brings out forgiveness. I have patients, they forgave but they are still sick; so they didn't really forgive. The only thing our body accepts is Love and it does not understand anything else. What is Love? Love is the principle that gives me total freedom; isn't it? God gives us total freedom and never lets us go. That is the infinite.

Love has no violence! Never! The moment I protest—what she does by protesting is she puts on violence. If she could, would she force him to be true? Would you make your spouse faithful if you could? I know a lot of people who would do that. I would force my adult children to do well, wouldn't we? Several times I got sick by this impulse we may think is a good thing; do we want the best for our children? Sure, but if we put dominance and force in our own self, if we fight against what they do, we destroy ourselves, and we wonder why we have trouble.

I have to explain to my patients; if they are Christians I say, "There is no Bible verse that says that we need love. There is no Bible verse that says you need someone to love *you*; but there is on almost every page a Bible verse that says you should Love; because Love in itself is giving."

Love in itself must be giving, so you see it must be selfless Love here. If this lady really did Love her friend, what would she do? If she would Love him for free, with no chains and price tag. What would she do when he goes away and is unfaithful? For whom would she mourn, for herself or for him? But she mourns for herself, she is angry and vengeful, that is why she gets headaches.

The Law is Life:

The Law of God is very plain; we have to Love, and you see the Bible says the Law of God is Life. He who keeps it, what does it do? It keeps him alive; because you see everything that our nature does, all these six things they just support life, but Love is Life itself. This is why Sister White can say:

“Sickness of the mind prevails everywhere. Nine tenths of the diseases from which men suffer have their foundation here.” 5 Testimonies p. 444

Love is that agent that makes life to be Life and gives sense in life. It is the most neglected thing because we all think we have to *be* loved! That is why we have a circumstance or a feeling and we think, “Oh, I love him.” But what happens if he gives you a bad word back?

Recently I had a lady twenty-four years old who lives with a friend for five years now. She said to me; “I tell him every day that I love him, but he tells me maybe once a month that he loves me.” I try to explain does she Love him or does she Love him not? She loves him only because she wants love *from* him; so she begs, “I love you, give me something.” But if she would really Love him, she would not need that he should say, “I love you too,” because that is his problem not hers. But she believes that his love feeds her heart; that's a deception that is terrible. It makes you totally dependent on the other person; in your whole judgment, in your own feeling, in your whole way of doing things.

Is Love a Basic Need?

This is why we come to the next point; is Love a basic need or not? There are two things that constitute a basic need;

1: Something that we need for life, if we don't have it, we die.

2: A basic need can never be produced by the gene itself. A basic need can never be produced by the life itself, it must come from outside and I must assimilate it.

Oxygen is a basic need, something that we need. Can we produce it? No. If someone tried to produce oxygen for himself it would not be very successful.

Do we need water? Yes, but can we produce it? Can we produce that which we can drink? No.

Food; do we need food? Can we produce it? Some people say, “Oh yes, I can make a meal.” I tell them that they may prepare it, but I don't see apples growing on your body, or whatever. There is nothing that can grow on our bodies, so we cannot produce food at all.

Sleep? Those who have sleep disorders certainly know that they cannot produce sleep. They can just lie down and hope that it will happen.

We cannot ever change the temperature at which we have to function.

We can never make the sunlight—so can we produce Love?

What do you think most patients say? They say “Yes.” But you can see the deception; when you asked them before, they said, “Others have to fill my tank.” Then here they come and say, “I do it myself.” You are so blind; as blind as can be! You take something from another, but then you think you do it yourself. How can that be?

People really believe that when they love someone, they do it from their own heart. But if Love is a basic need, we can never produce it; because what gives energy to the gene is not something that the gene can produce. It comes from another source. Everything that the gene does consumes energy, but it does not make energy. The motor of the car can never produce its own gasoline. So if Love is gasoline, then we have to take it and put it in!



The Child's Source of Love:

I have two reasons why I tell patients that they cannot produce selfless Love: they can produce selfish love, we all can produce that. "I am friends with you as long as you are friends with me. As long as you give me what I want from you that is how long I keep you as my friend. But then I have to remove you because you don't give me what I need." So selfish love we can produce; but that is very short and that our bodies do not need. We are tested in our love only when we are in a crisis; when we don't have water, we know that we need water.

There are two things that can prove that biology can never produce unselfish Love. The first thing is the mother-child relationship. You see, my whole theory that I discovered, I discovered in children. I had recently a nine year old girl come in with her mother. She still wets the bed; she has a nervous clearing of the throat habit; she has for one and a half years headaches on the right side of her head, and when I did her physical exam, I found in her nose a Band-Aid that she had put in. She said it was about six months since she put it in. I mean that was stinking! But you know that no child that is normal will put anything in his nose. That is pathological if a child puts something in his nose and doesn't tell mother and keeps it there for months; the mother even realized it.

So why is this nine year old child still wetting the bed? Why is she having a headache now for one and a half years in the right side of her head? Why is she nervously clearing her throat and why is she quite wild. You know why? It is her love source. Children need a love source; they take love, they don't wait until they get it. Have you ever seen a child that waits until they get love? They cry and act out and they take it; and they take it unconsciously. But I could say from the symptoms of this child that her mother has problems in her life.

So what would you treat, the child or the mother? The mother has to be treated and I invited the mother to come for counseling and I promised her that within two weeks, the symptoms of the child would be gone if the mother does what I say. Usually mothers then get very scared: "It's me?" and I always pray that I should not offend them, because if I have people who don't like me and they are mothers, I put a very hard burden on their heart because they have a duty to fulfill and they don't know it; but they need to know it if they want to save the child.

I asked this lady and I said, "It's about your inner life, you have to come. Leave the child at home and you come for counseling and I'll tell you what you have to do."

"My inner life? She said.

"Yes, your inner life! How does that look?"

"In my inner life there is chaos!"

I said, "That is exactly what your child shows."

If a child's own system could produce its own love, it would not need a mother. The mother is there to be a source and the child takes from the character of the mother. If you read the Ministry of Healing; actually my son made a booklet of this middle section; 'what a family is' and when I have mothers who are

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Christians I give them the middle section about family and mothers, and say to read what is the duty of a mother, and if you follow it, your child will be continually healthy.

The second point I have to show that we have to take Love from outside, we cannot produce it, is because we search for it outside. You see those esoteric people and the Asians, they say that we have a wealth inside; we just have to take everything away until we find it; but they all have conflicts with their love sources and are not even aware of them. They say, "I take love out of me," I say, "If you would, why are you sick because of lack of Love?" I show them that there is no, and it is a big NO, *no one* can produce unselfish love; he has to take it; we have to take it, that is why we need a source. Do we have a source?

We have Nature, consisting of what God has created, and we have God and the childhood mother. Mother takes the place of God in childhood; father also a little bit, but mother basically. We have to go to God the only Source of Love. You see in all eternity, do you think that we will produce Love? Do you think angels produce Love? No, they just give forward that which they receive from God, and they do it by free choice. They want to do it, but they can never produce it.

There is only one Love source in the entire universe, for any time, for always, and that is God, and we have to take from Him. But to take is not enough; because to go to the apple tree and take the apple, you have not eaten yet. Most people just go to God but they never eat; they never do what God says to them, so they have no reward from going and praying, nothing happens in their life.

We need to take Love and *give it*; and we have to give it unselfishly, 'no strings attached', so the other person can do what he wants with our Love and we will not be hurting, because we are totally free. We don't *need* them; we love them for free, because only that is really Love.

If people tell each other, "Oh I love you so much I cannot live without you." That's a lie! Because if I need him, I cannot Love him; I cannot Love him. This is why we need God; He is the Love source, but we cannot prove it in our direction, He proves it here; He says, "if you don't Love the one that is beside you, how can you tell that you Love God?"

So our selfishness, our need, might bring us to God, but He has to bring us to the point where we Love each other without being dependent on each other, because Love must be free! This is the only way that freedom can exist here on earth. To be continued:

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