

Health For You: 01. What Mankind fell for...

And what we got instead!

Here we are going to look into some sacred history which will clue us in on facts that few seem to realize or believe these days. It can point us to the bottom line in understanding our health.

The Lie and the False Promise

In the beginning, God Created, and God saw that what He had created was good. There was no evil in it; it was perfect and could not be improved. We cannot even grasp today what this world must have been then, because even now, under the curse of generations of sin, we see things in nature that are breathtaking in their beauty and amazing in their ways and functions. One of the first things we will learn is that God's Word no way sanctions the belief that we have evolved from chaos and are constantly improving! Oh No! We've come a long way, baby—and the way is down.

In order to really understand how mankind has come into the place we are today, where humanity and even the earth groans under sickness, decay and death; we need to look back at where it all started. The false premises that were sold to Eve, and then through her to Adam, are the same ones that are dogging our steps today; all too many still believe the lies that Satan first told Mother Eve. Let's look in on the scene through the eyes of God's end-time messenger:

"Eve, unconsciously at first, separated from her husband in her employment. When she became aware of the fact, she felt that there might be danger; but again she thought herself secure, even if she did not remain close by the side of her husband. She had wisdom and strength to know if evil came, and to meet it. This the angels had cautioned her not to do." 1870; Spirit of Prophecy Vol. 1 pg 35.

Notice her first mistake was made before she even reached the fateful tree; that mistake was self-esteem and pride, from which flowed presumption. "I don't need to follow instructions; I am just as smart as anyone else. I can decide what is best for me. I need to develop my own personhood. I need to do it my way!" Let's look at how things went after that:

"Eve found herself gazing with mingled curiosity and admiration upon the fruit of the forbidden tree. She saw it was very lovely, and was reasoning with herself why God had so decidedly prohibited their eating or touching it. Now was Satan's opportunity. He addressed her as though he was able to divine her thoughts: "Yea, hath God said, Ye shall not eat of every tree of the garden?" Thus, with soft and pleasant words, and with musical voice, he addressed the wondering Eve. She was startled to hear a serpent speak. He extolled her beauty and exceeding loveliness, which was not displeasing to Eve. But she was amazed, for she knew that to the serpent God had not given the power of speech.

"Eve's curiosity was aroused. Instead of fleeing from the spot, she listened to hear a serpent talk. It did not occur to her mind that it might be that fallen foe, using the serpent as a medium. It was Satan that spoke, not the serpent. Eve was beguiled, flattered, infatuated. Had she met a commanding personage, possessing a form like the angels, and resembling them, she would have been upon her guard. But that strange voice should have driven her to her husband's side to inquire of him why another should thus



freely address her. But she enters into a controversy with the serpent. She answers his question, "We may eat of the fruit of the trees of the garden. But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die." The serpent answers, "Ye shall not surely die; for God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil." 1 Spirit of Prophecy P 36.

There it is, the big lie: "You don't need to obey God; He doesn't mean what He says; don't be so superstitious and gullible. Free yourself from such shackles! God just wants to keep you bound-down in ignorance. He is afraid you will exert your true potential and even become equal with Him." Satan was selling Eve the bill of goods he wanted himself. If he could get her wanting what he wanted, the battle was won.

Science holds out much the same promise today. Man freely rushes in with the excuse of scientific research, to where holy angels would never venture to tread. Man fools himself that all the misery and suffering and all the death and decay can be solved by science 'falsely so called'. Just give them enough time and money and they will have a cure for everything And they and the chemical barons will make mountains of money from it as well. Let's continue:

"Satan would convey the idea that by eating of the forbidden tree, they would receive a new and more noble kind of knowledge than they had hitherto attained. This has been his special work with great success ever since his fall, to lead men to pry into the secrets of the Almighty, and not to be satisfied with what God has revealed, and not be careful to obey that which He has commanded. He would lead them to disobey God's commands, and then make them believe that they are entering a wonderful field of knowledge. This is purely supposition, and a miserable deception. They fail to understand what God has revealed, and disregard his explicit commandments, and aspire after wisdom, independent of God, and seek to understand that which he has been pleased to withhold from mortals. They are elated with their ideas of progression, and charmed with their own vain philosophy; but grope in midnight darkness relative to true knowledge. They are ever learning, and never able to come to the knowledge of the truth." 1 Spirit of Prophecy 36.

So also we see today, so many times when persons with godly wisdom warn that there are things that science should not be messing around with, the researchers loudly crow that they are going to be able to solve the mysteries that lie behind all the disease and so on, and make a perfect world. But God made all things perfect to start with and every step we take in disobedience and disregard of His ways and principles just creates more trouble. Look at what science has given us; do we see a world being benefitted? Or rather a world being destroyed?

"It was not the will of God that this sinless pair should have any knowledge of evil. He had freely given them the good, but withheld the evil. Eve thought the words of the serpent wise, and she received the broad assertion, "Ye shall not surely die; for God doth know that in the day ye eat thereof then your eyes shall be opened, and ye shall be as gods knowing good and evil" making God a liar. Satan boldly insinuates that God had deceived them to keep them from being exalted in knowledge equal with himself. God said, If ye eat "ye shall surely die." The serpent said, If ye eat "ye shall not surely die." 1 Spirit of Prophecy 37.

With what contempt do evolutionists, the followers of 'science falsely so called', today, look upon those who believe that the Bible is the Living Word of the Living God and has all the answers for us!

Their false idea of origins, warps and colors every theory they come up with, and leads them into corrupt and deceptive paths. "We need more research" is the chant, but never will they find a way that will allow man to disregard the Divine Precepts, to sin against his Maker, and not reap what he sows.

"The tempter assured Eve that as soon as she ate of the fruit she would receive a new and superior knowledge that would make her equal with God. He called her attention to himself. He ate freely of the tree and found it not only perfectly harmless, but delicious and exhilarating; and told her that it was because of its wonderful properties to impart wisdom and power that God had prohibited them from tasting or even touching it; for he knew its wonderful qualities. He stated that by eating of the fruit of the tree forbidden them was the reason he had attained the power of speech. He intimated that God would not carry out his word. It was merely a threat to intimidate them and keep them from great good. He further told them that they could not die. Had they not eaten of the tree of life which perpetuates immortality? He said that God was deceiving them to keep them from a higher state of felicity and more exalted happiness. The tempter plucked the fruit and passed it to Eve. She took it in her hand. Now, said the tempter, you were prohibited from even touching it lest you die. He told her that she would realize no more sense of evil and death in eating than in touching or handling the fruit. Eve was emboldened because she felt not the immediate signs of God's displeasure. She thought the words of the tempter all wise and correct. She ate, and was delighted with the fruit. It seemed delicious to her taste, and she imagined that she realized in herself the wonderful effects of the fruit." 1 Spirit of Prophecy 37.

Did Eve, and later Adam rise to a higher sphere? Did the world become a safer and better place? Is our world more wonderful today than the Garden of Eden was then? Is it true that they never did die? The answer to all this, is in the negative.

The Search Goes On

Ever since man fell he has searched for one thing: a way to do as he pleases and not have to bear the consequences. He wants to believe that there are no moral limits, there is no absolute Authority, and he does not have to answer to anyone but himself. Remember, all that was the big lie of the fallen rebel leader! How does it play out in the 'Health Industry'?

When a sick person goes to a doctor his expectation is that he can be handed a quick fix, just a pill to take, or just a surgery to undergo, and he will be rid of the effects of all the bad habits he has indulged in, without having to give up anything. He wants to 'sin and live'; he wants to prove wrong what God in His wisdom has told us. Really as you open your eyes to spiritual truths, you find every false science has this goal in its core somewhere. But the Bible tells us:

"As the bird by wandering, as the swallow by flying, so the curse causeless shall not come." Proverbs 26:2

"Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap." Galatians 6:7.

And also: ". . . ye have sinned against the LORD: and be sure your sin will find you out." Numbers 32:23.

"God has formed laws which govern our constitutions, and these laws which He has placed in our being are divine, and for every transgression there is affixed a penalty, which must sooner or later be

realized. The majority of diseases which the human family have been and still are suffering under, they have created by ignorance of their own organic laws. They seem indifferent in regard to the matter of health, and work perseveringly to tear themselves to pieces, and when broken down and debilitated in body and mind, send for the doctor and drug themselves to death." Counsel on Diet pg. 19.

Facing the Facts

God has a system of laws; there are moral Laws, and physical laws; nature operates under laws and there are laws built right into our bodies. It may seem at times that we can ignore these things and get away with it, but nature will have its revenge.

Engineers, mechanics and builders know that the more complex their project, the more it is imperative to work and build according to certain physical laws if they are to have any lasting success at all. Strangely, none of these skilled workers have the idea, "Well I ought to be able to put into my gas tank whatever I feel like and there is no reason why it is not going to work. Why are you trying to limit me down to your restrictive ideas of what should be used? Isn't it my car? What do you mean by saying that the quality of fuel and oil I put in my vehicle has an effect on how it runs? That is pure fanaticism!" Any person, who would say that to his mechanic, would be thought out of his mind. But how much more intricate is the human body than a mere machine?

"I will praise thee; for I am fearfully [and] wonderfully made: marvellous [are] thy works; and [that] my soul knoweth right well." Psalm 139:14.

"Under the supposed wisdom of men, nature is placed where she becomes a destructive agency. The good things which were given to man only to bless him are converted into a curse. By the use of wine and liquor men become slaves to appetite. God does not interpose and work a miracle to convert evil into good; for He has laid all nature under His eternal laws. Let there be no peace to the wicked, He says. Let everything be at war with him. And nature responds, "There shall be none." If man takes himself in his own hands, to do with himself as he pleases, if he works against God and nature, his indulgences will become to him the instruments of death." Vol. 3 Manuscript Releases pg. 344.

The Rebellion

There is an old 'joke' that says people sow wild oats six days a week and one day go to church to pray for a crop failure. But there is no crop failure; when we are young and have a lot of vitality, it seems we get away with foolish indulgences and harmful habits; but the time comes when all 'the chickens come home to roost' and we reap what we have sown in disease and suffering.

We have been considering information about the fall of man after his creation; later we will look at man's dominion and what it meant; and what their choice to join the rebellion of Satan resulted in. But there is another aspect that few fully understand; I truly believe, and have experienced that returning to what mankind was designed by God to be and do, is the only lasting way to health, peace and true joy in our inner selves.

Awareness of these things enables us to tap into the source of heavenly power, and so can free us from our various bad habits and addictions; empower our progress in obedience to God's Health Laws, and result in amazing transformations in our lives. This is the Secret of optimal health and well-being God's way. You will not find this knowledge in any other online health course that I am aware of.

What Man was Created to Be

One day I got to pondering a question; “Why don’t the Holy Angels make mistakes as they go about their duties here on earth or elsewhere in the universe?”

It is true we don’t think of holy angels making mistakes as they carry out the will of God in helping, guarding and guiding people, but why? Are angels infallible? No; we know they are not; because Lucifer, at one time leader of the heavenly host and the greatest of them all, fell miserably and made every mistake in the book. A third of the heavenly host made the blunder of following him; and even more, we are told, came close to making the same terrible choice.

The only way angels absolutely would never make a wrong choice would be if they were robot-like and programmed never to go against God’s will; but this is not so, or else again, Lucifer could not have fallen. God obviously had given the angels free will and the power of choice.

Obviously, certain angels did goof badly; but the thought of heavenly angels, the unfallen ones, failing in any way to do their work precisely and perfectly is absolutely unthinkable. So just what is the answer?

In the Spirit of Prophecy account of the fall of Lucifer we learn that the ‘Law of God’ in heaven is the Law of Unselfish Love; true Agape love is unselfishness. It came as a surprise to the angels that God’s Law existed as such; it was written in their hearts and it had never occurred to them to disobey it. Heaven was one big, loving family bound to the Godhead with the gentle cords of Agape Love.

“I delight to do thy will, O my God: yea, thy law is within my heart.” Psalm 40:8

The Law of God is His very character and only that which is in harmony with His character can be one with God and part of His ‘family’. Ultimately, only that which is in harmony with the Character of God can continue to exist. So how is the Law of God, the very character and personality of God, written in the heart?

“For this is the covenant that I will make with the house of Israel after those days, saith the Lord; I will put my laws into their mind, and write them in their hearts: and I will be to them a God, and they shall be to me a people:” Hebrews 8:10.

“But this shall be the covenant that I will make with the house of Israel; After those days, saith the LORD, I will put my law in their inward parts, and write it in their hearts; and will be their God, and they shall be my people.” Jeremiah 31:33. But notice this next verse:

34 “And they shall teach no more every man his neighbour, and every man his brother, saying, Know the LORD: for they shall all know me, from the least of them unto the greatest of them, saith the LORD: for I will forgive their iniquity, and I will remember their sin no more.”

These people who have the Law of God written in their minds all *know* God. It brings to mind the following passage. “But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him.” 1 John 2:27

Here we see a people who don’t need to be taught because they *know*; they know God. What is it that has brought this blessed state? It says the ‘anointing’. What is this ‘anointing’ and how can this solve our mystery?

“Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come. 14 He shall glorify me: for he shall receive of mine, and shall shew it unto you. 15 All things that the Father hath are mine: therefore said I, that he shall take of mine, and shall shew it unto you.” John 16:13-15

What is Jesus talking about here? He calls it the Comforter; it is the Holy Spirit. To make a long story short, the means by which we know God, the means by which His LAW, His very character can be ‘written’ in our hearts and minds, is by the indwelling of the Holy Spirit.

How Man and Angels were Created

God’s higher moral beings, His ‘family’, were all created to be incomplete without the actual presence of the Godhead dwelling within them! Now we cannot understand how this works; it is way beyond any finite mind to explain these mysteries; however, we can experience it.

This is why holy angels can go confidently about their business, carrying out the will of God and never misstep; they have the indwelling presence of God with them at all times. The Third Person of the Godhead, the Holy Spirit, is there to guide, teach, counsel and lead them and He is at the same time a constant, loving companion as they go about their work on behalf of God’s little ones.

The Holy Spirit links unfallen beings directly to the throne of God. It is the deepest love affair that the universe knows. I will refer to this relationship as ‘the Link’; it describes a very practical reality in the workings of God for His universe, the indwelling presence of the Holy Spirit.

What Satan Threw Away

When man was created, God breathed into him the breath of life; God’s Law was written in his heart and mind; God’s very character was placed within. He had the moral ‘Image’ of God; but he also had freedom of choice, he was not made a puppet or an automaton, WHY? Because God is Love and love wants interaction with love; this can only happen with freedom of choice that has to include the option not to love.

By rebelling against his Maker, Lucifer chose to push aside the ‘Link of Love’ and put himself where God’s Spirit was meant to be. The Spirit pled with him and all the angels who eventually fell; but they wanted freedom from the Link, freedom from the law and character of God. They wanted self and self only, and so broke from the ‘anointing’ to do it their own way. So, they goofed—terribly—setting in motion events so appalling that our minds cannot even fathom them. Lucifer cast aside Infinite Love so he could exalt himself and seek to rule over his fellow creatures.

Adam and Eve join the Rebels.

Adam and Eve had that ‘Link’ to the throne. When Eve wandered away from Adam, she felt a warning apprehension. She had been counseled by holy angels not to leave her husband. The angels work very closely with the Holy Spirit; indeed we cannot always tell where the work of One leaves off and the other begins—but, ultimately, the Holy Spirit is the One directing it all.

Sadly, she too decided she did not need that still, small Voice of wisdom to guide her; or even advice from angels; she wanted to do her own thing and make up her own mind. Forgetting the tender love that had been shown her by her Creator, she chose to accept false accusations of selfishness against

Him. First she, then Adam, broke the Link, and this brokenness passed to all of the human family.

The Profound Loneliness of Man

There is one characteristic of human-kind that we see all through society and in every life from cradle to grave, it is a profound loneliness. This loneliness is caused by the absence of the 'Link' that was intended to provide each being with the actual indwelling presence of God as a loving, guiding, Companion.

This aloneness causes mankind to crowd together; to seek constant distraction; to desire promises and commitments of loyalty and 'love' from fellow humans; which by the way, no human is actually able to fulfill. Also it causes people to try and manipulate, control and rule over one another. Just listen to popular music—love songs spouting; "I will love you forever"; "Love me with all of your heart"; "Together forever"; and on and on.

This loneliness has caused some to falsely conclude that man is a 'herd animal', which is not at all true. Man was created to be a family member and yet exist in noble independence with a one on one Link with God. Without that Link, even the closest family ties do little to alleviate that residual and profound loneliness in the heart of man.

We seek for groups to join; special friends; best friends; going steady; even engagement and marriage, and yet the one thing that can forever satisfy, and which is the only true source of help for man, we shun like the plague. That one thing is complete surrender to God, and a willing return to obedience and loyalty to Him; the restoring of the Link—the inward companionship and guidance of the Comforter—the Holy Spirit.

Like the Godhead.

God intended always to be one with man; they would be part of His family; part of Him; similar to how the three Persons of the Godhead are One together and yet separate personalities. Both man and angels were designed to share a similar arrangement; without it there exists a terrible void that nothing else can ever fill.

Do we Lose Our Freedom of Choice?

Does the Link prevent us from being free individuals? No, not at all; the Link is an amazing arrangement of the Godhead, that lets us live autonomously and yet as part of the 'Family' of heaven. Each individual can have a Link so complete, it is as if he or she were the only one heaven is connected to; as close as the Godhead has with One Another—but on the level of our finite comprehension.

Humankind without the Link is prey to Satan, his manipulation and cruel dominance, and they find themselves hurled on and on in destructive and harmful practices that they cannot break free from. But the Link sets us free—free to live in the light and love of our Creator as we were designed to live.