

Health Talks

“The Battle for Your Mind”

14: 8 Laws: Trust in Divine Power

“Pure air, sunlight, abstemiousness, [temperance] rest, exercise, proper diet, the use of water, trust in divine power--these are the true remedies. Every person should have a knowledge of nature's remedial agencies and how to apply them.” Ministry of Healing 127.

These days we live in a world where we are surrounded with deception and lies! For over a hundred years now, a very deceptive industry, has passed itself off as the only reliable health-care system, when it is anything but that, and we have been raised for a few generations believing what they taught us! But more and more we see that this ‘science’ is not reliable, it is constantly changing, and certainly contradicts the Bible, and often even common sense! They are, **“Ever learning, and never able to come to the knowledge of the truth.” 2 Timothy 3:7.**

The Lord tells us, “ . . . **keep that which is committed to thy trust, avoiding profane and vain babblings, and oppositions of science falsely so called:” 1 Timothy 6:20.** And we are told, **“Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world.” 1 John 4:1.** How do we try the ‘spirits’ and the messages?

“To the law and to the testimony: [Bible and Word of God] if they speak not according to this word, it is because there is no light in them.” Isaiah 8:20. Notice it does not say that there might be some light [truth] in them; No! It says NO light in them! so we need not waste our time learning all the stuff they teach, especially when it changes every month or so. Here is what the Bible says they are like: **“But evil men and seducers shall wax worse and worse, deceiving, and being deceived.” 2 Timothy 3:13.** Friends, God does not change! His truth is perfect and dependable. If something is perfect, what would it be if it changes? Then it would be imperfect, wouldn't it?

Today we will take a closer look at what it really means to ‘Trust in Divine Power’. All too often this part is thought of as sort of something nice to tack on there to make the rest look religious, but in reality it is the core and heart of the entire 8 Laws of Health! Have you considered what a tremendous difference it makes whether you believe in Evolution [which has to include some spiritualism with it] or special creation by a Loving Heavenly Father?

The world's systems of chemical medicine, drugs, education, and even life itself, all have their foundation in Evolution, all basically deny special Creation [Unless it is by some imaginary woman, ‘Mother Nature’ which they refer to when they can't explain clear evidence of design and Creation] and so put forth entirely incorrect principles.

The Medical system has at its roots a core of fear, and often resorts to bullying and force. We should never make any decision according to fear! The Bible says, **“There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.” 1 John 4:18.** This is true; stop and consider what fear feels like. Trust is the opposite of fear isn't it? Jesus promises peace, the fearful heart has no peace! Actually those who use fear to try to control people have no peace themselves either!

“God never forces the will or the conscience; but Satan's constant resort, to gain control of those whom he cannot otherwise seduce, is compulsion by cruelty. Through fear or force he endeavors to rule the conscience, and to secure homage [worship] to himself. To accomplish this, he works through both religious and secular authorities, moving them to the enforcement of human laws in defiance of the law of God.” Great Controversy 1888, 591.

Our decisions need to be based on evidence and facts. God gives us enough facts and evidence to base our faith and trust in Him on. However those who are determined to disbelief and reject the Lord can always find some doubt to excuse their lack of faith.

One of the biggest reasons many reject the health laws of God is because they restrict our appetites and require some effort on our part to practice them. This lazy way is what the worldly medical systems offer, they basically say, ‘Live as you please, your disease has nothing to do with your diet or lifestyle, these things just happen, or it is your genetics, it’s not your fault. Just come to us and we will give you a drug, or surgery, and you can go back to living as you please.’

Blind Trust can be very dangerous, especially when we put our trust in systems and teachings that are not trustworthy, but are based upon the devil’s lies! Let’s look closer at some facts. Evolution basically says that everything, including humans, are the result of random chance over millions of years. So in other words, everything was just an accident. Accidents and chance cannot be trusted, can they? No! Are they dependable and reliable? No! So this results in a system of belief that your body is just a bunch of accidents and some of them may be wrong, so your body is untrustworthy and can fall apart or fail you at any point! This way many are led to believe that their own bodies are an unpredictable hazard and that leads to the belief that we have to be constantly checking up on it, getting tests done, and taking drugs and shots and pills and surgeries to fix it. Sometimes we think of it as a machine and certainly manmade machines do wear out and fall apart and fail.

This belief system also tells us that all the things on earth are there only from chance and accidents also. And to make it worse, every life form, whether plant, animal or other forms of life are only there from long ages of accidents, conflict and death of the ‘unfit’, and only have one aim and that is for themselves to survive! This gave us the ‘germ theory’ of disease, and we are taught that we can be walking along and some germ will fall on us and we can get sick and even die of it! This is entirely untrue! When we take a honest look at nature we see more co-operation than conflict.

Do germs exist? Yes they do, but they are not ‘evil things just out to get you’! Our body cannot function and survive without the help of billions of friendly germs that live in us. Even bad germs cannot harm a healthy body! The most dangerous type of ‘germs’ are the mold family. This is why we are taught by the Bible and inspired counsels of God, that we all need to be diligent to keep our homes, the surroundings we live in, and our beds, clothing, and bodies fresh, clean and tidy! Notice this;

“It is important also that the clothing be kept clean. The garments worn absorb the waste matter that passes off through the pores [of the body]; if they are not frequently changed and washed, the impurities will be reabsorbed. Every form of uncleanness tends to disease. Death-

producing germs abound in dark, neglected corners, in decaying refuse [garbage], in dampness and mold and must [a type of mold]. No waste vegetables or heaps of fallen leaves should be allowed to remain near the house to decay and poison the air. Nothing unclean or decaying should be tolerated within the home. In towns or cities regarded perfectly healthful, many an epidemic of fever has been traced to decaying matter about the dwelling of some careless householder. Perfect cleanliness, plenty of sunlight, careful attention to sanitation in every detail of the home life, are essential to freedom from disease and to the cheerfulness and vigor of the inmates of the home.” Ministry of healing 276.

So Trust in Divine Power, means to follow His guidance and do our part, not just praying and expecting God to ‘make us better’ when we are not obeying His laws and have no wish to learn better ways! So how does Creation show us a completely different picture? Our bodies, and all other life on earth, and even our environment, were designed by the Creator for the purpose of serving us. God lovingly designed this planet and all things in and on it, to make a home for Mankind, they did not just happen!

The Creator designed our food to be just right for us, and told us what we were to eat. **“And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat [food].” Genesis 1:29.** [Fruit, seeds, nuts, grains] **“.. and thou shalt eat the herb of the field;”** [greens and vegetables] **Genesis 3:18.**

There are also special herbs we can learn about and use for healing and curing disease. God gave herbs for the service of man! Psalm 104:14. People who do not believe in creation, cannot have full faith in the plants, as the evolution idea prevents faith that the plant is made special for us to use for our health! Some also get into spiritualist ideas, or ancestor spirits, or cosmic energy forces and so on, just more side trips of the devil to prevent us from seeing the Love of God in the healing herbs and food plants He designed specially for us! Interesting?

Evolutionists also cannot see that God designed our body to be able to heal itself. The product of accidents and chance cannot have built in intelligence. They cannot have faith in the 8 Laws of Health God gave us, and realize that our body is made so it has ‘innate’ or built in intelligence, it is not just some machine of chance and accident, that breaks down for no reason and has to be repaired with costly poisons and procedures. The Bible says, **“As the bird by wandering, as the swallow by flying, so the curse causeless shall not come.” Proverbs 26:2.** If sickness comes there is a cause, and we need to figure out why this is so, why is this happening?

“..Restorative power is not in drugs, but in nature. Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health. In case of sickness, the cause should be ascertained. Unhealthful conditions should be changed, wrong habits corrected. Then nature is to be assisted in her effort to expel impurities and to re-establish right conditions in the system.” Ministry of Healing 127.

Evolutionists also claim that the purpose of life is only to reproduce and pass on our genes to another generation. They claim then that once we are older, life has no purpose and the person can expect his body to deteriorate. This is another lie, God actually designed us to live forever.

We do not get sick automatically just because of our age! One 90 year old lady went to a doctor for a sore knee, and he gave her the usual reply, "It is just your age!" She knew better and replied, "Yer wrong! My other knee is the same age and it is not sore!" Simple common sense! The false medical system does not know truth, because it has built on a foundation of lies and rejected the God of truth!

Trusting in Divine power opens a whole new world to us! We can know what to do and how to be our own doctors. We can learn to listen to our bodies and recognize symptoms as clues that something needs to be changed to help us get well again. We can know how we feel, and how things affect us, better than any other person, no matter how 'educated' they claim to be. If I have a sore hand, can you feel the pain of my sore hand? Can a doctor feel what I am feeling? No one can actually feel it but me. Some folks have such blind faith in doctors and nurses, as to actually believe all they have to do is look at you and they can know all about you, they're like some kind of gods to them. How very sad indeed!

There is also a sad situation in our world today, even among those who claim to be Advent Believers! Having chosen to put their trust in the false system, they no longer have real faith in what God has told us in the Bible or the messages God gave us through His end time prophet. They cannot have peace and confidence that what God Created was good, perfect, complete, and designed for our service, and blessing.

They choose to trust the false system, as the natural way seems too 'simple' to really work. Perhaps, it maybe alright for something not serious, to trust in the 8 laws and the simple herbs and natural therapies God gave us, but for something serious, fear takes over, and they run to the medical system thinking that must be better because look how complicated and fancy it is! They forget, God's ways seem simple, but they are profound. Life comes from life, there is no way that non-living chemical poisons and harmful treatments, that would make a well person sick, can heal a sick person and make them well! Also in most cases if one follows God's Health Reform guidance the serious conditions would never happen!

The Bible tells us; **"There is a way that seemeth right unto a man, but the end thereof are the ways of death."** Proverbs 16:25. Also, **"It is better to trust in the LORD than to put confidence in man."** Psalm 118:8. We can know this is true, because the things the medical system teaches and does, change every few months! God's ways are perfect, they do not need to be changed. You can learn them with confidence and you can have peace and trust that what worked for God's Bible believing people through the ages, still works today.

Modern scientists laugh at the idea that God designed certain herbs and plants to give us clues in their form and color to show what they are good for. Godly herbalists for thousands of years had this idea and called it the 'Doctrine of Signatures'. The Doctrine of Signatures, states that plants or herbs resembling various parts of the body can be used to treat ailments of those body parts. Those with trust in God, believed that God wanted to show men what the plant would be useful for. When we truly trust in Divine power, we believe it also! Just a couple samples here; the walnut looks like a brain, and that food has nutrients that help the brain and nerves. The Dandelion herb has bright yellow flowers and that plant is good for the urinary system and liver, urine is yellowish, and the liver produces yellow bile. The red beet is good for

the blood, and if you cut the root of a carrot across you see it resembles an eye, and carrots are very good for eyesight!

These things are not accidents, we can realize that, when we have faith in our Creator and know that God designed this world and the plants for the food and service of man! The Bible says about those who scoff at this, **“Professing themselves to be wise, they became fools,” Romans 1:22.**

It was by choosing not to trust God, not believing His word and He wanted the best for them, that Adam and Eve fell into sin. They decided the serpent’s method was better than God’s, and they were missing out on something good by just trusting God’s Word for it! How many people do the same today with the medical system? And by the way, that system uses a serpent as its symbol! Is that an accident?

The sad thing is that even Adventist doctors and nurses are taught in the worldly medical system and that is what they practice. They don’t know any better; but they could. These days Advent believers will tell you that it was God who gave us all these poisonous drugs, surgeries, huge hospitals and harmful treatments. That is almost blasphemy, and dishonors our Creator. God does not change, nor does He change His counsels to us. His truth does not become error if we decide to do things our own way! God’s ways, though simple and requiring effort and self denial to use, are actually more effective and if followed will result in a healthy body.

Is praying for healing part of Trust in Divine Power? Yes it certainly is! We are told to do this and we have been given healing and health promises so we can claim them. It is God’s power that heals, all true healing comes from God.

“When we use the methods God has told us to use, then we can ask Him to bless them. He cannot bless harmful methods! He has supplied in the natural world remedies for the ills of man, that His followers may have life and that they may have it more abundantly. We can with safety discard the concoctions which man has used in the past. The Lord has provided antidotes for diseases in simple plants, and these can be used by faith, with no denial of faith; for by using the blessings provided by God for our benefit we are cooperating with Him. He can use water, and sunshine and the herbs which He has caused to grow, in healing maladies brought on by indiscretion or accident. We do not manifest a lack of faith when we ask God to bless His remedies. True faith will thank God for the knowledge of how to use these precious blessings in a way which will restore mental and physical vigor.

“The body is to be carefully cared for, and in this the Lord demands the cooperation of the human agent. Man must become intelligent in regard to the treatment and use of brain, bone, and muscle. The very best experience we can gain is to know ourselves.” Manuscript 65, 1899.

Yes friends, we can have confidence and trust in the unchanging Word of our Creator, in the Bible and the Spirit of Prophecy and escape from the shifting sands of ‘Science falsely so called’.